



BULLETIN

TRAINEE LED - RESEARCH - QUALITY IMPROVEMENT - ANAESTHESIA - PERIOPERATIVE CARE - INTENSIVE CARE - PAIN

Issue 2 | RAFT updates | TRN showcase | POPPY

RAFT trainee survey 2022

We want to find out what your experiences of research and QI are. Have you had enough training? Do you have enough time to do projects? Are you supported and encouraged to do research and QI?

[Click here complete this short survey](#)

Thanks!

RAFT Winter Scientific Meeting 23rd February 2023

After years without a face to face winter scientific meeting we are looking forward to meeting in person! This will be an exciting day aimed at all with great speakers and the opportunity for trainees to share their work at a national conference.

Poster and Presentation Competition - [Apply Here](#)
[Book a ticket](#)

Location: Royal College of Anaesthetists, London

FREE 1 Day Course: Introduction to Academic Anaesthesia

Aimed at aspiring academic anaesthetists and intensivists

Friday 9 December 2022

University of Cambridge School of Clinical Medicine

Click [here](#) for more information

New Website

For everything RAFT related & to sign up to our mailing list for updates

<https://www.rafrainees.org/>

RAFT projects



RAFT Trainee Survey

This is a national survey looking at the experience that developing anaesthetists have in research and quality improvement in the UK during their training. We want to find out training anaesthetists' opinions and identify any areas where support, training and access to opportunities can be improved.

[Click here to complete this short survey](#)



Perioperative Blood Management in the UK

Launching in early 2023 this is a collaborative project between RAFT & NIHR BTRU (Blood Transfusion Research Unit). This includes a survey of organisational practice and a survey of individual anaesthetists' practice. We aim to understand how perioperative blood management services work across the UK and assess individuals' attitudes and practice. We want to cover as much of the UK as possible so that findings are representative and of value to all

perioperative health care providers. We will be looking for representatives at each hospital to complete the organisational survey and promote the individual survey to their anaesthetic colleagues. The organisational survey should take no longer than a couple of hours to complete and may require asking your perioperative lead and blood bank a couple of questions. All local representatives will receive a certificate and be included on publications as a collaborator. If you would like to take part please contact your TRN or RAFT for further details.



POPPY is coming along really nicely with the finishing touches being made to the protocol. We plan to launch POPPY in mid to late 2023. We have a dedicated page on our website so you can keep up to date with all things POPPY!



AIRWAYS3 will soon start the pilot phase at selected sites across the UK. We are updating TRNs regularly with which sites are included in the this pilot phase so that the opportunity to take part in AIRWAYS3 is made available to trainees at the correct time.

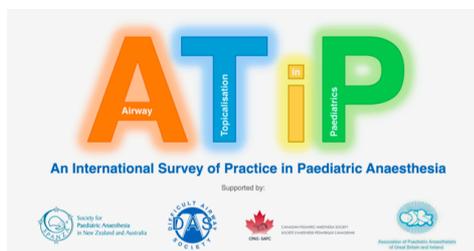
Trainee Research Networks



STAR: Perioperative replacement of Exogenous Steroids (PREdS)

PREdS is an audit of perioperative management of patients taking long term steroids in the UK. Data collection has commenced and engagement has been fantastic so far. The project could not have run without the support of TRNs and local leads, for which we are really grateful and shows just what can be achieved by these networks. The data gained from this audit will be used to guide the design of a future RCT and national guidelines.

Jonathan Barnes, STAR chair stargroupresearch@gmail.com



WAAREN: Airway Topicalisation in Paediatrics (ATiP) survey

The Airway Topicalisation in Paediatrics (ATiP) Survey is LIVE. If you haven't already please follow this link to complete:

https://www.surveymonkey.co.uk/r/ATiP_RAFT

This survey is an international collaboration and has been endorsed by DAS, APAGBI, SPANZA and CPAS. There is currently no national or international consensus or guideline on recommended dosing of lidocaine for airway topicalisation in paediatrics. With an increasing number of clinicians using lidocaine for airway topicalisation in paediatrics we hope the outcome of our survey will help inform clinical practice and research in the future. There has been fantastic support from the RAFT network and engagement from the TRNs. Thank you to WOSTRAQ, PLAN, SHARC, SPARC and STAR for supporting WAAREN in this venture. If any additional TRNs would like more information or to get involved email for more details.

Helen Aoife Iliff, WAAREN co-chair waarencommittee@gmail.com



PainTrain

We are a group of trainees at various stages of our anaesthetic training, keen to build our careers in pain, as well as present the best that pain can offer to trainees across anaesthesia, intensive care and other specialties. We have 3 aims. Firstly, to be a forum for the creation of pain projects that can be performed nationally, with support from colleagues who have done the same. Secondly, we aim to run a minimum of 2 events a year, an educational event and a practical event. This year we ran a very well attended and received free virtual national pain research day. Our upcoming event will be a 'Collaboration day', held in Spring 2023. The aim of this will be to encourage networking between trainees, build research skills and create collaborative connections between trainees, academics and industry groups. And finally, we are a committee of pain trainees for trainees, and as such our work evolves to meet the needs of the ever-changing curriculum and times we live in. If you would like to know more about us or be added to our mailing list, please visit our website www.paintrainuk.com.

Carla Hakim & Nicola Johnson paintrainresearch@gmail.com

What to do if you don't have a TRN?

We know that not all trainees work in regions that are covered by active TRNs. Fortunately this is not too common as the TRNs cover the majority of the UK. However in response to these occasional gaps we have created the **RAFT rep role**. This role is for those who do not have TRN cover and are keen to get involved in research and QI. If this applies to you please [contact us](#) and we can tell you if the position is available at your hospital and keep you up to date with RAFT projects to get involved with.

National Research & QI Fellowships

The Health Services Research Centre (HSRC) is the national centre of excellence for health services research in anaesthesia and associated specialties. The HSRC oversees the delivery of all RCoA projects including NAP, SNAP, PQIP and CASAP. Each year they have fellows for research and QI. These fellowships are available across the UK and provide time and mentorship to develop skills and work on projects. Below Aaron who is one of the current HSRC QI fellows working in the Peninsula deanery talks about his first 3 months in the role.

Hello everyone. I began working as an HSRC fellow with the Quality Improvement Working Group in August, having recently finished my CT3 'top-up' year in Exeter, and am really enjoying my new role. I was motivated to apply for the HSRC position after involvement in local and national audit projects during my CT3 year. My clinical job is at the Southwest Ambulatory Orthopaedic Centre, previously a COVID Nightingale hospital, which aims to deliver day-case joint arthroplasty. Having always worked in full-time clinical positions, the adjustment to balancing academic and clinical work was a welcome change. I am really enjoying my new role and love the ability to dedicate time during the working day to QI rather than juggling academic work with clinical commitments - a familiar feeling I'm sure. The first 3 months have flown by. COVID disrupted the co-ordination/work of the RCoA Quality Network so my first job has been helping re-establish those links. Amongst other things, I am helping design and write a QI newsletter (out soon), taking part in local projects and completing some of the valuable NHS QI learning resources, in a bid to get up to speed with such a vast subject. I feel well supported in my role and, along with all the fellows, have been making the most of teaching provided by HSRC. I am finding it a brilliant experience and would really encourage anyone with an interest in research or QI to apply in the future.

Aaron Lavin, HSRC fellow

For more information, check out the HSRC website: <https://www.niaa-hsrc.org.uk/>

Support from RAFT

If you are a trainee/locally employed/junior SAS anaesthetists and you'd like to be involved check out our website <https://www.rafrtrainees.org/> or look on the next page for links to all our member research networks.

If you would like to showcase your work or promote a member research network event in the next edition of the RAFT Bulletin please contact us on raftnetwork@mail.com

TRNs

AARMY: Anaesthetic Audit & Research Matrix of Yorkshire
East & West Yorkshire

ARNni
Anaesthetic Audit & Research Network of Northern Ireland

CRANE:
Collaborative Research in Anaesthesia in the North East
North East

MAGIQ: Merseyside Anaesthetic Group for Improving Quality
Merseyside

MERCAT: Midlands East Research by Critical Care & Anaesthetic Trainees
East Midlands

NITECAP: Northern Ireland Trainee Network in Emergency Medicine, Critical Care, Anaesthesia, & Perioperative Medicine
Northern Ireland

NWRAG: North West Research & Audit Group
North West England

OxCCARE: Oxford Critical Care & Anaesthesia Research Enterprise
Thames Valley

PLAN: Pan-London Perioperative Audit & Research Network
Greater London

SEARCH: South East Anaesthetic Research Chain
Kent, Surrey, & Sussex

SEQuoIA: Scottish East Quality Improvement and Research Academy
East Scotland

SHARC: South Yorkshire Hospitals Audit & Research Collaboration
South Yorkshire

SPARC: Southcoast Perioperative Audit & Research Collaboration
Wessex

STAR: Severn Trainees Anaesthetic Research
Severn

SWARM: South West Anaesthetic Research Matrix Peninsula

SQuARes Net: SESSA Quality Improvement, Audit & Research Network
South East Scotland

WAAREN: Welsh Anaesthetic Audit Research & Engagement Network
Wales

WMTRAIN: West Midlands Trainee Research in Anaesthesia & Intensive Care Network
West Midlands

WOSTRAQ: West of Scotland Anaesthetic Trainees Research Network
West of Scotland